

2021 JANUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 Pinewood Derby Workshop
3 District Hike	4	5	6	7 Round Table	8	9 Pinewood Derby Workshop
10	11 PaLs Meeting	12	13	14	15	16 Pinewood Derby Workshop
17	18	19	20	21	22 Pinewood Derby Check-in & Judging	23 Pinewood Derby Race Day
24	25	26 Monthly Pack Meeting	27	28	29 Patriots Point	30 Patriots Point
31 Patriots Point						

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Cast Iron Chef

Requirement

Webelos Book: 33 - 41

Leader's Book: 35 - 46

Volunteer(s): Jennifer Barrow

Meeting Plan: January 5th

Topic: Cast Iron Chef

- #1 (Menu Planning)
- #3 (Fire Safety)
- #2 (Food Safety)

• Homework - Outdoor Code

Meeting Plan (Den Outing): January 12th

Topic: Cast Iron Chef

- #1 (Shopping for Good Nutrition)
- Homework: Bring food to next meeting

Meeting Plan: January 19th

Topic: Cast Iron Chef

- #1 (Cooking & Eating)
- #2 (Cleanup)
- Prepare Awards/Pack Meeting

Meeting Plan: January 26th

- Pack Meeting

Cast Iron Chef

Requirement

- ▶ Complete requirements 1 and 2. Requirement is optional.
- ▶ 1. Plan a menu for a balanced meal for your den or family. Determine the budget for the meal. If possible, shop for the items on your menu. Stay within your budget.
- ▶ 2. Prepare a balanced meal for your den or family. If possible, use one of these methods for preparation of part of the meal: camp stove, Dutch oven, Solar oven, open campfire, or charcoal grill. Demonstrate any understanding of food safety practices while preparing the meal.
- ▶ 3. Use tinder, kindling, and fuel wood to demonstrate how to build a fire in an appropriate outdoor location. If circumstances permit and there is no local restrictions on fires, show how to safely light the fire, under the supervision of an adult. After allowing the first to burn safely, safely extinguish the flames with minimal impact to the fire site.

